



WEEKLY PINCHER CREEK POOL SCHEDULE

June 20 - June 25, 2022 – Subject to Change Without Notice

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for updated events & programs
Fb.com/pinchercreekrec

Pool Phone: 403-627-2565
Rec Office Phone: 403-627-4322
HOTLINE: 403-627-4062
www.pinchercreek.ca/swim
895 Main Street Pincher Creek

Daily Drop-In Admission

Shower
\$2

4 - 7 years
\$3

8 - 17 years
\$4

Family
\$14

Adult (18+)
\$6

Senior (55+)
\$5

AquaFit \$7

Senior AquaFit \$5.50

POOL OPEN THESE SATURDAYS

May 14
May 28
June 11
June 25

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 - 8 a.m.	Lane Swim	CLOSED	Lane Swim	CLOSED	Lane Swim, Fitness Swim	CLOSED	CLOSED
8 - 9 a.m.	AquaFit	CLOSED	AquaFit	CLOSED			
9 - 10 a.m.	School Programs					Pool Rental	
10 - 11 a.m.							
11 a.m. - 12 p.m.						FREE Family Swim	
12 - 1 p.m.	Lane Swim, Parent 'n' Tot					Pool Rental	
1 - 2 p.m.							
2 - 3 p.m.	Family Swim, Fitness Swim	Family Swim, Fitness Swim	Family Swim, Fitness Swim	Family Swim, Fitness Swim	Open Swim, Fitness Swim	Open Swim	
3 - 3:45 p.m.	AquaFit		AquaFit	AHS Therapy, referral only			
4 - 5 p.m.	Dolphins Swim Club	Dolphins Swim Club	Dolphins Swim Club	Dolphins Swim Club	Open Swim	CLOSED	
5 - 6 p.m.							
6 - 7 p.m.	Open Swim, Lane Swim	Open Swim, Lane Swim	Fitness Swim, Open Swim	CLOSED			
7 - 8 p.m.			CLOSED				

National Indigenous Day

On Tuesday, June 21 to celebrate National Indigenous Day we will have a FREE Family Swim from 11:00 am - 12:00 pm! More events will be starting at 9:00 am at the Library.

Open Swim – Everyone welcome, those under the age of 8 years old must be accompanied in the water within arms reach by a parent or guardian.

Family Swim – Families welcome to swim together. Children must be accompanied in the water within arms reach by an adult 18 years and older.

Fitness Swim - This swim is for those looking to swim lengths, aquawalk, jog, or similar fitness activity.

Lane Swim – Those swimming lengths of the pool for fitness, training and stroke practice. You should be able to swim a minimum of one 25 m length of the pool independently.

Parent and Tot – Adults and preschoolers (those ages 6 and under) swim & play in wading pool, hot tub, slide

AquaFit – Instructed low-impact workout, ages 13 and up.

AHS Aquatic Therapy - Alberta Health Services Therapy class, must be referred by AHS to participate.

Holiday Hours Schedule

12 to 1 p.m. - Lane swim
1 to 3 p.m. - Open swim

Canada Day
July 1